

Berry Beef and Chicken Salad

This colorful creation is a fresh bowl of goodness for your pet, with one of our favorite grab-and-go training treats: berries! Berries are abundant in myricetin, a bioflavonoid that stimulates cancer cell death, including dog bone cancer cells, while the cucurbitacin found in cucumbers possesses anti-inflammatory and antioxidant properties. Use leftover berries, seeds, and cucumbers as treats after you whip together this easy summertime (or anytime) meal.

Adult Canine, Whole Foods

Yields 5½ pounds

44 calories/ounce

36 ounces (2.25 pounds)
ground beef, 90 percent lean

12 ounces (.75 pounds)
chicken breast with skin

5 large eggs, shelled

8 ounces salmon

7 ounces beef liver

5 ounces cucumber with peel

5 ounces arugula, or any dark
green leafy veggie

3 ounces blueberries

3 ounces raspberries

2 ounces raw pumpkin seeds

2 ounces oysters, raw or
canned (or 15 milligrams zinc
supplement)

25 grams wheat germ oil
(or 100 IU vitamin E
supplement)

10 raw, unsalted almonds

7 grams ground cloves

5 grams nutritional yeast

15 grams eggshell powder

2 grams kelp powder
(containing 700 micrograms
of iodine per gram. This is a
total of 1,400 micrograms
iodine if you choose to use
an iodine supplement rather
than kelp powder.)

1. In a large bowl, mix food ingredients (except eggshell and kelp powders) together.
2. In a small bowl, mix powders together, stirring well.
3. Dust ½ the powder over food and mix very thoroughly. Add remaining powder and mix thoroughly again.
4. Serve raw, poached, or gently cooked.