





DIY Mosquito Spray

Cats love catnip (it's soothing to their skin), but mosquitoes hate it. Catnip contains nepetalactol, a chemical substance that spurs an uncomfortable sensation inside mosquitoes, thus repelling them. Use this spray on yourself or your pets anytime you go outdoors.

Yields approximately 2½ cups

1. Mix ingredients in misting spray bottle.
2. Shake before using. Mist body (not head) prior to outdoor adventures. Reapply every 2 hours while outside.



 <p>1 H Hydrogen 1.00794 1 H Hydrogen 1.00794 8 O Oxygen 15.9994</p>	
<p>water 2 cups</p>	<p>lemon juice ¼ cup</p>
	
<p>vanilla extract 4 tablespoons</p>	<p>catnip oil 20 drops</p>