

Flea Shampoo

This all-natural shampoo is incredibly effective against fleas, but—like all flea remedies—it may not provide 100 percent coverage, so keep flea combing your pet and vacuuming daily.

Yields approximately 1½ cups

1 cup simmering water

Green tea bag

Peppermint tea bag

½ cup pure castile soap

¼ cup aloe vera gel

20 drops neem oil

Optional: 10 drops lavender or lemongrass essential oil

1. Bring water to a boil in a saucepan.
2. Steep tea in boiling water.
3. Remove tea bags and let cool.
4. Add castile soap and remaining ingredients and mix well.
5. Bathe your animal, avoiding eyes, nose, mouth, and ear canals. Lather well, working shampoo over entire body. Rinse well.

