

# Shampoo for Itchy Skin

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With soothing, yeast-fighting coconut oil, inflammation-fighting geranium oil, and calming lavender oil, this shampoo is sweet relief for itchy skin.

¼ cup pure castile soap

½ cup water

1 teaspoon melted coconut oil

10 drops lavender essential oil

10 drops geranium essential oil

1. Combine all ingredients and mix well.
2. Thoroughly wet your pet's coat, then rub the shampoo into the fur and down to the skin, avoiding the face and ears.
3. Rinse thoroughly.

**Try Carbonated Water:** Carbonated water can also be an effective remedy for itchy skin because it increases blood flow but does not negatively affect any skin functions.

## Coat Conditioner

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This conditioner is moisturizing, soothing, and smells like a dream. Use it following a good shampooing.

Yields ⅓ cup

1 tablespoon melted coconut oil

1 tablespoon oil of your choosing  
(jojoba, argan, olive, or avocado)

1 tablespoon honey

1 tablespoon water or tea of your choice  
(we love rosemary)

1 tablespoon arrowroot powder

1. Combine all ingredients and mix well.
2. Apply to your dog's coat after shampooing and rinsing, avoiding the face and ears.
3. Leave on for 5–10 minutes, then rinse thoroughly.

**Store in the refrigerator for up to three days.**