



Floor Cleaner

Use this on tile floors to mop up stains and dust, or for general cleaning.

Yields approximately 5½ cups

4 cups water

1 cup white vinegar

½ cup rubbing alcohol
(70 percent)

Optional: 3 drops essential oil
of your choosing

Mix well in a jar or bucket and
apply to floors with a mop.
There is no need to rinse floors after cleaning.

Wood Floor Cleaner

Almost all floors are heavily colonized by bacteria, including fecal bacteria, and most floors have several strains of antibiotic-resistant bacteria. Use this on wood floors to mop up stains, dust, and—yes—nasty bacteria.

Yields approximately 5 cups

4 cups water

¼ cup white vinegar

1 teaspoon olive oil

Optional: 5 drops essential oil

Mix well in a jar or bucket and apply to
floors with a mop. There is no need to rinse
floors after cleaning.