

## “Canja”—Chicken Stew

*Conjo de galinha* is a simple Portuguese and Brazilian stew made of shredded chicken, rice, and a medley of vegetables. We've substituted the rice for potatoes and used dark chicken meat, chicken breasts, and organ meat for a full chicken feast that's perfect for when your pet is feeling cold, tired, sick—or needs an anytime pick-me-up meal!

Adult Canine Less Active, with Supplements

Yields 5¼ pounds

37 calories/ounce

18 ounces dark meat chicken without skin  
 18 ounces chicken breast with skin  
 10 large eggs, shelled  
 12 ounces cooked potatoes  
 8 ounces chicken gizzards  
 8 ounces chicken hearts  
 28 grams bonemeal

### Supplements

- 10 grams fish oil with at least 250 milligrams EPA + DHA per gram
- 900 micrograms iodine
- 3 grams cod liver oil with added vitamins A & D
- 300 milligrams magnesium
- 6 milligrams copper
- 45 milligrams zinc
- 8 milligrams manganese
- ½ tablet vitamin B complex (B50, 50 milligrams), crushed
- 100 IU vitamin E

1. In a large bowl, mix food ingredients (except bonemeal) together.
2. In a small bowl, mix bonemeal and supplements together, stirring well.
3. Dust ⅓ the powder over food and mix very thoroughly. Add remaining powder and mix thoroughly again.
4. Serve raw, poached, or gently cooked.