

The Importance of Iodine for Dogs: Iodine is essential to your pet's metabolism and thyroid hormone production, and without sufficient intake, dogs can develop hypothyroidism. Unfortunately, compared to humans, dogs don't do a very good job of storing iodine in their bodies, which means their dietary iodine needs are higher than most pet parents may realize. (Cats store iodine remarkably well, which is why our feline recipes have far less iodine.) Most homemade dog food recipes may not provide the iodine your pet needs, so one of the best ways to supplement is by giving your dog seaweed products, including kelp. Not only is kelp rich in natural iodine, but it also contains prebiotic fibers, amino acids, and phytonutrients, including lycopene and carotene. **If you can't feed your dog kelp, substitute with an iodine supplement: 0.5 grams iodine-rich kelp powder (the specific type called for in the recipes) = 1 tablet or capsule (350 micrograms) of iodine supplement.**

